



February 2020 Middle School Lunch

EVERYDAY FAVORITES	<u>Mondays</u> Hot 'N Spicy Chicken Sandwich Pepperoni & Sausage Pizza PB&J w/ Chips	<u>Tuesdays</u> Hamburger or Cheeseburger Cheese Lovers Pizza PB&J w/ Chips	<u>Wednesdays</u> Popcorn Chicken w/ Roll Meat Lovers Pizza PB&J w/ Chips	<u>Thursdays</u> Hamburger or Cheeseburger Pepperoni Pizza PB&J w/ Chips	<u>Fridays</u> Breaded Chicken Sandwich Cheese Pizza PB&J w/ Chips
SONO	Available Daily <i>SONO</i> Bar: Choose your base – Nachos or Burrito Choose a meat – Chicken or Beef Monday, Wednesday, Friday: Seasoned Chicken. Tuesday, Thursday: Buffalo Chicken Dip. Beef available Daily.				
Extra Extra	Chilled Fruit Fresh Fruit 100% Fruit Juice	Chilled Fruit Fresh Fruit 100% Fruit Juice	Chilled Fruit Fresh Fruit 100% Fruit Juice	Chilled Fruit Fresh Fruit 100% Fruit Juice	Chilled Fruit Fresh Fruit 100% Fruit Juice
CREATE	3 Cheesy Baked Ziti w/ Garlic Toast Steamed Green Beans Fresh Celery Sticks	4 BBQ Glazed Meatballs w/ White Rice Steamed Corn Cucumber Salad	5 Breaded Cheese Sticks w/ Marinara Sauce Vegetable Soup Baby Carrots	6 Chicken Tenders w/ Mac & Cheese BBQ Baked Beans Broccoli Florets	7 <i>Breakfast for Lunch!</i> Bacon Egg & Cheese Waffle Sandwich Tater Tots Tossed Salad
CREATE	10 Chicken Chili Dip w/ Tortilla Chips Steamed Carrots Tossed Salad	11 BBQ Glazed Meatloaf w/ Dinner Roll Baked Beans Broccoli Salad	12 Oven Fried Chicken w/ Biscuit Mashed Potatoes w/ Gravy Fresh Celery Sticks	13 Spaghetti & Meatballs w/ Garlic Toast Steamed Green Beans Baby Carrots	14 <i>Breakfast for Lunch!</i> French Toast Casserole w/ Scrambled Eggs & Sausage Tater Tots Cucumber Slices
CREATE	17 No School	18 Boneless BBQ Rib w/ Mac & Cheese Baked Beans Baby Carrots	19 Baked Ziti w/ Meat Sauce & Garlic Toast Seasoned Broccoli Cucumber Salad	20 Grilled Cheese Sandwich Tomato Soup Broccoli Florets	21 <i>Breakfast for Lunch!</i> French Toast Sticks w/ Scrambled Eggs & Sausage Tater Tots Tossed Salad
CREATE	24 Cheesy Steak Burrito French Fries Baby Carrots	25 Sweet & Sour Popcorn Chicken w/ Rice Glazed Carrots Broccoli Salad	26 BBQ Glazed Meatloaf w/ Mac & Cheese Baked Beans Fresh Celery Sticks	27 Cheesy Chicken w/ Spanish Rice Seasoned Corn Tossed Salad	28 <i>Breakfast for Lunch!</i> Bacon Egg & Cheese Griddlecake Sandwich Tater Tots Cucumber Slices

A complete lunch includes choice of entrée (includes a source of protein and grain/bread accompaniments), choice of fruit/vegetable side dishes, and a choice of milk. A complete lunch must include a ½ cup fruit or vegetable. Milk choices include 1% white and fat free flavored. Menus subject to change.

Students: \$2.85 Reduced: No charge Adults: \$4.00