

CLEARVIEW ELEMENTARY SCHOOL



WELLNESS PLAN 2019-2020

- Debra Brock-Principal
- Kathy Pattillo-Cafeteria Manager
- Jairo Gay-Family Liaison/Head Basketball Coach
- Laurie Webb-P.E. Coach
- Stephen Tuck-Heath Teacher
- Kim Toolsie-Parent



Wellness Goal:

The focus of the Clearview Wellness Plan is to motivate and encourage students and teachers to embrace healthy lifestyle choices by offering a variety of school and extra-curricular activities that provide nutrition education and physical experiences for healthy lifestyle practices.

An emphasis of nutrition education and physical activity is part of the learning experience at CVES through the school initiatives below:

- Health/Instruction/Classes (Teacher-S. Tuck)
- Basketball (Coaches-Gay, Whitfield, Webb, Gagnon, Tucker, Gates, HD Jones & J. Jones)
- Fastest Kids (Coaches-Webb, HT Jones, Luke)
- Cheerleading (Coaches-Miller, Webb, Stewart, Wallace, Colton)
- Step Team (Coaches-J. Thornton & Tucker)
- 3rd Grade Running Club (Facilitators-Miller, HT Jones, Stewart)
- Afterschool Smart Snacks (Food Service)
- Fitness Gram (Coach Webb)

Data to Consider:

- Fitness Gram Data
- Basketball Game Calendar Dates
- Running Club Data/Stats
- A.C.E. Smart Snack Documentation
- Fastest Kids Practices & Competition Calendar Dates

Progress:

Fitness Gram-Data from Fitness Gram pre-assessments will be reviewed at the end of the year for student progress toward goals.

Wolf Runners-Running club data is reviewed weekly to assess students' weekly goals/progress

Participation in basketball, cheerleading, Fastest Kids and Step Team

Meeting Date(s):

Basketball Coaches-12/4/18, 1/3/19

Fastest Kids- 1/3/19

Wellness Committee-2/22/19, 5/23/19

Basketball Game Dates for Basketball Team, Step Team and Cheerleaders:

1/31, 2/7, 2/14, 2/21, 2/28, 3/7, 3/14, 3/21

Fastest Kids Competition: April 2019

Description of Public Notification of Meeting(s):

Grade Level Newsletters

School Flyers

School Website