

LCE Wellness Plan

2019-2020

Goals Set - TCSS Wellness Policy

Goals
• Participate in federal school breakfast and lunch meal programs
• Smart Snacks
• Students are physically active
• School dining environment is safe, comfortable, and allows time and space
• All students will have access to drinking water
• Establish school Wellness Committee
• Establish after school Green Team to focus on healthy eating (raised flowerbeds, etc to grow healthy fruits and vegetables)

Goals Set – Long Cane Elementary School

Goals
• Participate in Fastest Kid
• Fitness Gram Events
• Establish after school basketball team
• Establish after school cheerleader team
• Establish Garden Club